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Safedrip: Automated IV Fluid Control and Monitoring

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ABSTRACT: Though customary manual observation is prone to human error and inefficiency, intravenous (IV) treatment is essential for patient care. Complications including air embolism or therapy interruption can result from postponed IV bag replacement. The IoTBased IV Bag Monitoring and Alert System provides live fluid level monitoring to help users beat this. With data handled by an Atmega microcontroller, the system employs a load cell sensor fixed on the IV bag. The system sends an alert via a WiFi module when the fluid level drops below a specified level, therefore advising medical professionals via an Internet of Things platform. The system also lets remote control of several patients at once, therefore raising operational effectiveness. Moreover, the system helps with more effective patient care planning and improved resource management by offering data logs for analysis of fluid usage. By decreasing the need for regular manual checks, this automated answer improves hospital efficiency, lowers human error, and promotes patient safety.

KEYWORDS: IoT, IV Therapy, Real-time Monitoring, Patient Safety, Load Cell Sensor, Automated Alert System, Healthcare Efficiency, Atmega Microcontroller, Wi-Fi Communication, Air Embolism Prevention.

I. INTRODUCTION

By directly delivering fluids, medicines, and nutrients into the blood, intravenous (IV) treatment is vital in contemporary medicine. Hospitals and medical clinics commonly use it to administer antibiotics, deliver lifesaving medications, and cure dehydration. Still, conventional IV monitoring techniques depend much on manual observation by healthcare personnel or nurses. This method is not only timeconsuming but also subject to human error, which could lead to postponed IV bag replacements. By thus endangering patient safety, such delays could cause significant problems including air embolism, interruption of therapy, and patient discomfort.

The IoTBased IV Bag Monitoring and Alert System provides an automatic answer guaranteeing constant and precise monitoring of IV fluid levels in response to these issues. Load cell sensor connected to the IV bag enables for live weight measurement. Fluid loss is detected by an Atmega microcontroller, which processes the data. The system sends a wireless WiFi module alert to an Internet of Things platform if the fluid level falls under a predetermined limit. It lets healthcare experts get realtime notifications, therefore facilitating early action and avoiding issues. The system also provides remote access in addition to live tracking, so doctors can monitor many patients concurrently from a centralized IoT portal. System records also fluid intake information suitable for analysis for patient care planning and resource optimization. An automated answer like this lowers the need for manual checks, improves patient safety, and simplifies healthcare processes, therefore it is an effective and adaptable instrument for current medical institutions.

II. LITERATURE SUVERY

1. Smart IV Bag System for Effective Monitoring of Patients

Date of Publication: 2024

Authors: A.K.C. Varma, M.S.S. Bhargav, Ch. Venkateswara Rao, Rangarao Orugu, Ch. V.V.S. Srinivas, K. Kiran

This paper presents a Smart IV Bag System that employs sensor technology and wireless data transmission to



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monitor IV fluid levels in real time. The system aims to reduce manual errors in IV therapy management while improving patient safety. The implementation of a centralized monitoring system allows healthcare providers to efficiently track fluid levels, minimizing the risk of delayed IV bag replacement. However, the system's dependence on stable network connectivity and limited scalability in handling multiple patients simultaneously pose potential drawbacks.

2. Smart IV Bag Monitoring and Alert System

Date of publication: 2022

Authors: S.S. Patil, et al.

This study focuses on an IoT-based Smart IV Bag Monitoring System utilizing weight sensors and microcontrollers to detect IV fluid depletion. The system automatically sends real-time alerts to healthcare providers via wireless communication, ensuring timely intervention. The approach enhances operational efficiency by reducing the need for frequent manual monitoring. While effective, the system's scalability is limited, and potential sensor calibration issues may affect accuracy in fluid level detection.

3. A System to Prevent Blood Backflow in Intravenous Infusions

Date of Publication: 2015

Authors: R. Shelishiyah, S. Suma, R.M.R. Jacob

This research introduces an IV flow monitoring system designed to prevent blood backflow during intravenous therapy. The system integrates flow sensors to ensure a unidirectional fluid flow, reducing complications such as retrograde blood movement. While this system significantly improves patient safety, it primarily focuses on preventing blood backflow rather than IV bag depletion, limiting its application for real-time IV fluid level monitoring.

4. A Self-Monitoring Water Bottle for Tracking Liquid Intake

Date of Publication: 2014

Authors: S. Gupta, et al.

This paper discusses a liquid intake tracking system based on sensor-driven monitoring of water consumption. Though designed for personal hydration tracking, the concept can be adapted for IV therapy monitoring by modifying the sensors to measure fluid depletion in IV bags. The system provides wireless data transmission for real-time tracking, but lacks medical-grade precision and does not incorporate safety mechanisms such as air embolism prevention, making it less suitable for direct clinical use.

5. Design of IoT-Based IV-Bag Monitoring System

Date of publication: Not specified

Authors: Syed Ashhad

This study proposes an IoT-driven IV monitoring system that uses a load cell-based sensor to detect IV bag fluid levels. Alerts are sent to a centralized platform, allowing healthcare providers to track patient IV therapy in real time. The system is easy to implement and improves patient monitoring, but its single-platform nature limits scalability. Additionally, lack of redundancy measures could lead to inaccuracies in alert generation.

III. SYSTEM ARCHITECTURE

The IoTBased IV Bag Monitoring and Alert System features a multilayered design that guarantees realtime monitoring, fast data handling, and distant access. A load cell sensor on the sensing layer constantly reads the weight of the IV bag, thus starting the system. The sensor sends the Atmega microcontroller an electric signal created from the physical weight for processing. This layer helps for exact and uninterrupted fluid level tracking, therefore decreasing dependency on handson inspections.

The Atmega microcontroller compares the sensor data to a preset threshold in the processing and communication levels. The microcontroller sounds an alarm when the fluid level falls under the official line. This data is sent wirelessly over a WiFi module to an IoT platform via communication standards like HTTP or MQTT. Seamless realtime data transfer makes it possible for medical personnel to remotely check the IV status and get instant alerts.



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Data storage and access are handled by the application and cloud stratum. The IoT system keeps track of past and realtime fluid level data that may be used for trend recognition and resource management. A web or mobile app lets healthcare personnel access this knowledge, thereby giving them realtime monitoring, alerts, and patient data from any location. This design guarantees quick response, improves patient safety, and simplifies hospital operations.

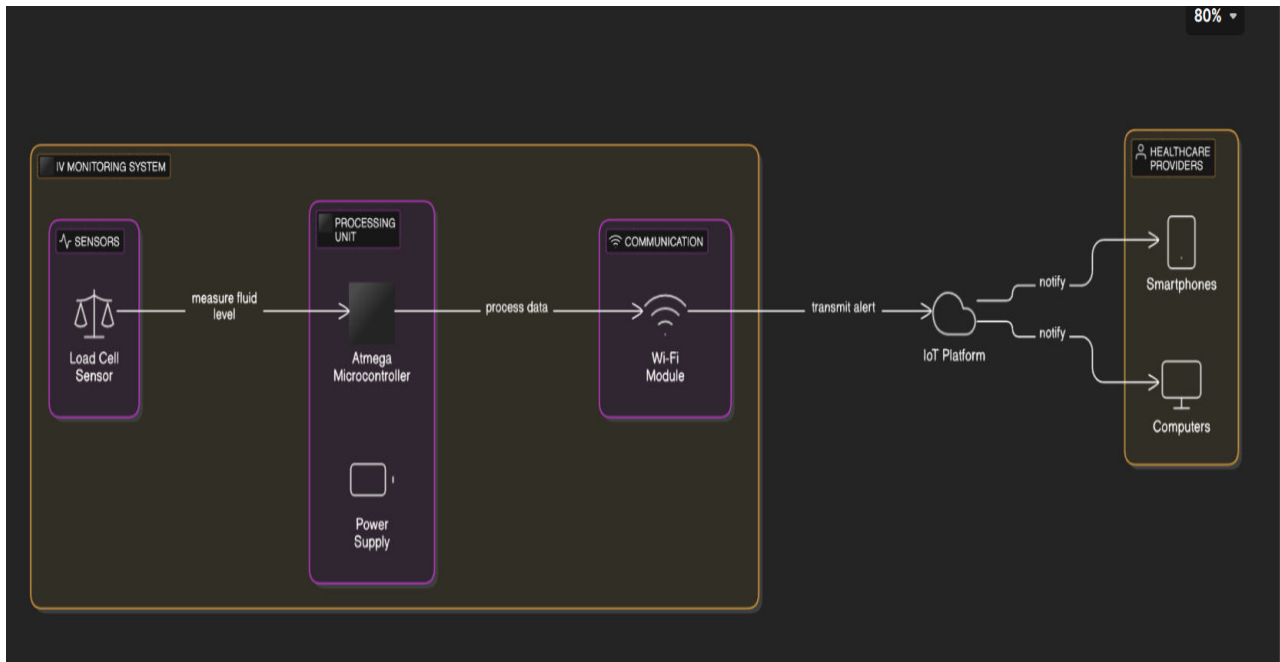


Fig 1.1 Architecture diagram of IV fluid flow

IV. WORKING MECHANISM

The **IoT-Based IV Bag Monitoring and Alert System** operates through a combination of sensing, processing, communication, and cloud-based data management. Its working mechanism ensures real-time fluid level tracking, automated alerts, and remote accessibility, significantly improving patient safety and healthcare efficiency.

1. **Sense and Gather Data:** Attached to the IV bag, the load cell sensor starts the process. Constantly assessing the bag's weight, the load cell produces an electric signal linear with the weight. The sensor works on the concept of strain gauge technology, whereby the resistance varies with the force applied (fluid weight). The sensor gives a voltage signal reflecting the weight reduction that follows from a drop in IV fluid level. For improved accuracy, the Atmega microcontroller processes this amplified raw signal from a HX711 module.
2. **Threshold Analysis and Data Handling:** Handling all data processing, the Atmega microcontroller serves as the system's brain. The analog signal from the load cell is read and converted to a digital value from which the present fluid weight is computed. The system is preconfigured with a threshold value indicating the least acceptable level of IV fluids. The microcontroller sends a warning when the fluid level falls below this limit. By turning on an LCD display (if available) to show the present fluid level and setting off a buzzer for audible signals, the microcontroller also handles local feedback.
3. **Integration of IoT and Wireless Communication:** The system transmits the fluid level data wirelessly using a WiFi module (ESP8266 or ESP32) for remote monitoring. The WiFi module connects with the IoT platform via standard protocols including HTTP or MQTT, hence the microcontroller sends the alert signals and fluid status. Along with timestamps and patient identifiers, the WiFi module transmits realtime fluid level information to the cloud server. This lets medical professionals monitor several patients at the same time and offers unbroken remote access.
4. **Parallel kinds of storage and data handling:** Stored in the cloud database are the transmitted data and maintained historical and realtime fluid level logs. Via a web or mobile app, the cloud platform enables



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healthcare providers to remotely get the information. It offers graphs of present fluid levels, past patterns, and alert messages. Furthermore, since it lets hospitals to make use of resource better by analyzing fluid consumption patterns,

- 5. Remote Monitoring and Alert Generation: The system sends live notifications when the IV fluid level drops significantly. Notifications sent over the IoT system let the medical personnel act fast. At the same time, the local alarm or siren gives an onsite audible warning which attracts nearby personnel. Even if the healthcare provider is not personally present, the remote monitoring technology lets them receive alerts and provide appropriate response.

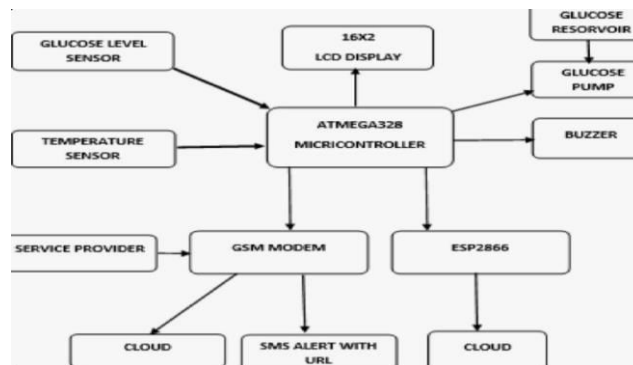


Fig 1.2 Flowchart and diagram of IV fluid control and monitoring

V. IMPLEMENTATION

Several main steps, including hardware assembly, software development, and integration of an IoT platform, will lead to the implementation of the IoTBased IV Bag Monitoring and Alert System. The process guarantees remote access, automatic alerts, and realtime monitoring, therefore enhancing healthcare efficiency and patient safety.



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Hardware configuration and circuit assembly

Putting the hardware pieces together is the first stage of the implementation. The IV bag's weight is determined by the load cell sensor mounted on it.

For better precision, the sensor is linked via an HX711 amplifier module to convert the analog signal to a digital one. This digital signal is received by the Atmega microcontrollers (e.g., Arduino Uno), which processes the information. The microcontroller is wired to the WiFi module (either ESP32 or ESP32), which lets wireless communication. Although a buzzer supplies auditory warnings when the IV fluid drops below a lethal stage, an alternative LCD display could be installed to display the realtime fluid level in the area. To assure nonstop operation, the whole circuit runs on a steady power supply (LiIon battery or 5V DC adapter). For testing and prototyping, the components are installed on a PCB or a breadboard.

Developing of firmware and microcontroller programming

Next comes Atmega microcontroller programming. Using the Arduino IDE, the firmware is coded in C/C++. Reading information from the load cell, the software analyzes it and continuously checks the IV fluid level. The microcontroller activates an alert and transmits the information to the WiFi module once the fluid level drops below the defined limit.

Furthermore, the script manages local outputs such showing the fluid level on the LCD screen and running the buzzer. The firmware uses HTTP or MQTT to transmit live information to the cloud service, therefore setting up wireless communication entails configuring the WiFi module.

Integrate an IoT platform

For remote monitoring, the system uses a cloudbased IoT platform including things board, Blynk, AWS IoT Core. The platform receives from the WiFi module live flow level information. Via a userfriendly interface, the IoT system presents the data so helping doctors can track many clients at once.

The platform keeps track of fluid intake as well, therefore enabling improved resource management through historical analysis. When the fluid level is very low, realtime alerts are issued to alert medical personnel through internet or mobile apps.

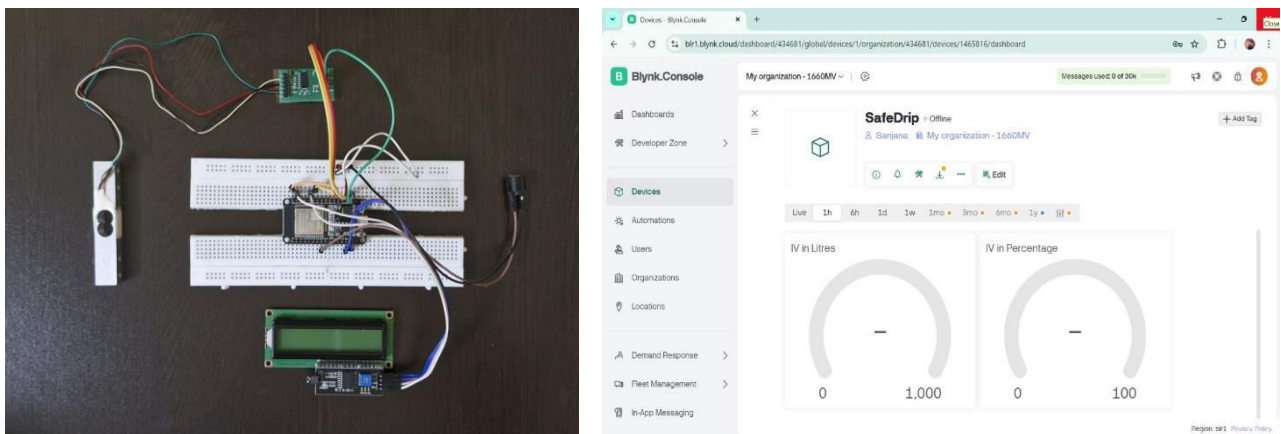


Fig 1.3 IV fluid control and monitoring prototype

Testing and Calibration

The system is tested and calibrated after the software and hardware are combined. The load cell sensor is adjusted to guarantee precise fluid level measurements. Testing different threshold levels confirms that the alert system activates properly. The wireless communication is evaluated for dependable data transfer therefore guaranteeing that realtime remote monitoring works smoothly.

Maintained from Deployment

Following effective evaluation, the system is rolled out in the health industry. Through the IoT platform, healthcare personnel may remotely receive alerts and approach patient data. Checking the hardware elements, updating the



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software, and monitoring the performance of the cloud platform will assure consistent and dependable usage via scheduled maintenance.

VI. CONCLUSION

The IoT-Based IV Bag Monitoring and Alert System presents a significant advancement in healthcare technology by automating the monitoring of IV fluid levels. By integrating load cell sensors, an Atmega microcontroller, and Wi-Fi-enabled IoT communication, the system ensures real-time tracking and instant alerts when fluid levels drop below a predefined threshold. This not only enhances patient safety by preventing complications such as air embolism and therapy interruption but also reduces the dependency on manual inspections, thereby minimizing human error. The system offers several key benefits, including improved healthcare efficiency, remote monitoring capabilities, and streamlined hospital operations. The cloud-based platform enables healthcare providers to oversee multiple patients simultaneously, ensuring timely IV bag replacements and enhancing overall resource management.

By leveraging IoT technology, this solution addresses the limitations of traditional IV monitoring methods, offering a more reliable and efficient alternative. Its potential to enhance patient care, optimize staff productivity, and contribute to better healthcare outcomes makes it a valuable innovation for modern healthcare facilities.

VII. FUTURE ENHANCEMENTS

1. Hospital Information Systems (HIS) integration: Future system releases might be linked to Hospital Information Systems (HIS) or Electronic Health Records (EHR) to streamline patient management and automate data input. This integration would allow healthcare professionals to access IV fluid data straight from current hospital software, therefore improving operational efficiency and lowering the need for manual recordkeeping.
2. Predictive Analytics Powered by AI: Including artificial intelligence and machine learning techniques enables the system to forecast fluid intake patterns and warn medical personnel in advance of a dangerously low fluid level. Predictive analytics can let one refine IV bag replacement timeframe, avoid deficits, and improve resource management.
3. RealTime Monitoring Mobile App: Creating a specialized mobile app would give health professionals live access to alerts on their phones and fluid levels. With historical data visualization, detailed patient insights, and push notifications, this application could let more agile, responsive monitoring.
4. A battery backup and power efficiency: Future editions could have a rechargeable battery backup to guarantee continuous performance during power outages. Moreover, maximizing the efficiency of the system by efficient communication protocols and lowpower microcontrollers would lengthen battery life and increase dependability.
5. Multiparameter and multifluid monitoring: In big hospitals, it would be useful if the system could track many IV bags at once. More thorough patient observation would be achieved by also increased monitoring of other features such flow rate, temperature, or medication volume.
6. Improved data protection and more stringent security: To guarantee privacy and data security, next solutions might include secure authentication methods and endtoend encryption. This would help maintain HIPAA and GDPR compliance and stop unauthorized access to patient information.
7. Integration of Bluetooth and Near Field Communication: Apart WiFi, the system might support Bluetooth or NFC features for local tracking. This would be ideal for field healthcare operations since it would enable healthcare professionals to readily inspect IV fluid levels with close gadgets not needing internet access.

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