

e-ISSN:2582-7219



INTERNATIONAL JOURNAL OF **MULTIDISCIPLINARY RESEARCH**

IN SCIENCE, ENGINEERING AND TECHNOLOGY

Volume 7, Issue 11, November 2024



INTERNATIONAL **STANDARD** SERIAL NUMBER INDIA

Impact Factor: 7.521



ISSN: 2582-7219 | www.ijmrset.com | Impact Factor: 7.521 | ESTD Year: 2018 |



International Journal of Multidisciplinary Research in Science, Engineering and Technology (IJMRSET)

(A Monthly, Peer Reviewed, Refereed, Scholarly Indexed, Open Access Journal)

CookSmart: An Ingredient-Centric Recipe Recommendation Framework

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ABSTRACT: The project aims to develop a user-friendly application that recommends recipes based on the ingredients users already have at home. By allowing users to input their available ingredients, the system will provide tailored recipe suggestions from a diverse database, categorizing recipes by main ingredients, cuisines, and dietary preferences. An intelligent recommendation algorithm will match user-inputted ingredients with recipes, prioritizing those that require fewer or no additional ingredients. Each recommended recipe will include clear, step-by-step cooking instructions and direct links to relevant YouTube videos for visual guidance, enhancing the overall cooking experience. This ingredient-centric approach not only reduces food waste by helping users utilize existing ingredients but also saves time in meal planning and encourages home cooking. Targeting home cooks, busy families, college students, and anyone looking to explore new recipes with minimal grocery shopping, this system combines convenience and creativity, empowering users to create delicious meals with what they already have.

KEYWORDS: Recipe Recommendation, Ingredient-Centric, Cooking Instructions, YouTube Integration, Food Waste Reduction, Personalized Recipes, User-Friendly Interface, Culinary Creativity, Dietary Preferences, Resourcefulness in Cooking, Multimedia Cooking Guides, Home Cooking, Kitchen Management, Recipe Database, Cooking Skills Enhancement, etc.

I. INTRODUCTION

In today's fast-paced world, cooking at home can often feel overwhelming, especially when faced with a busy schedule or limited ingredients. Many people find themselves asking, "What can I make with what I have?" To address this common dilemma, we propose an innovative solution: an ingredient-centric recipe recommendation system. This user friendly application will empower users to create delicious meals based on the ingredients they already have in their kitchens. The core idea is simple yet powerful: users input their available ingredients, and the system generates tailored recipe suggestions that make the most of those items. By connecting users with a diverse database of recipes categorized by main ingredients, cuisines, and dietary preferences, we aim to inspire creativity and reduce food waste. The recommendation algorithm will prioritize recipes that require minimal additional ingredients, making meal preparation easier and more efficient.

To enhance the cooking experience, each recommended recipe will include clear, step-by-step instructions alongside links to relevant YouTube videos, providing visual guidance for users of all skill levels. This feature will not only make cooking more accessible but also encourage users to experiment with new dishes and techniques.

Our target audience includes home cooks, busy families, college students, and anyone looking to simplify their meal planning. By focusing on what users already have, this system promotes sustainability and encourages a more enjoyable cooking experience. Ultimately, our goal is to empower individuals to make the most of their ingredients, fostering a love for cooking and reducing food waste in the process.

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II. RELATED WORK

- Chen, J., et al. (2022). "Recipe Recommendation Based on Ingredient Availability Using Machine Learning". This study explores the application of machine learning algorithms to develop a recipe recommendation system that prioritizes ingredient availability. The authors implemented a model that processes user-inputted ingredients and suggests recipes that maximize ingredient usage while minimizing food waste. Their findings indicate that machine learning can effectively enhance user experience by delivering personalized recipe suggestions based on real-time ingredient data, making it a valuable resource for home cooks.
- Zhang, Y., & Huang, Y. (2021). "Smart Recipe Recommendation System: Integrating Machine Learning and Natural Language Processing".

Zhang and Huang focus on integrating machine learning with natural language processing (NLP) to improve recipe recommendations. They designed a smart system that analyzes user preferences and available ingredients through NLP techniques, allowing for more contextually relevant recipe suggestions. Their approach demonstrates how combining these technologies can create a more intuitive user experience, ultimately facilitating easier meal preparation and encouraging users to experiment with different ingredients.

- Dey, R., et al. (2023). "Enhancing Recipe Discovery with Ingredient-Based Search".
- This paper discusses a novel ingredient-based search mechanism that enhances recipe discovery. Dey and colleagues propose a system that allows users to search for recipes based solely on the ingredients they possess. Their research highlights the importance of user-friendly search functionalities and demonstrates how such features can lead to more effective recipe retrieval, aligning closely with our project's goal of providing ingredient-focused recommendations.
- Li, Y., & Wang, L. (2023). "Using AI for Personalized Recipe Recommendations Based on User Preferences and Available Ingredients".

Li and Wang investigate the use of artificial intelligence in creating personalized recipe recommendations that consider both user preferences and available ingredients. Their study emphasizes the significance of user engagement in the recipe selection process and showcases how AI can tailor suggestions to individual tastes, thereby increasing user satisfaction. This research provides a foundation for integrating user preferences into our proposed system.

Kumar, S., & Gupta, A. (2023). "Sustainable Cooking: Leveraging Technology for Ingredient-Based Recipe Recommendations".

Kumar and Gupta examine the role of technology in promoting sustainable cooking practices through ingredient-based recipe recommendations. They advocate for systems that encourage users to utilize available ingredients, thereby reducing food waste and promoting sustainability in food systems. Their findings resonate with our project's aim to minimize waste by focusing on what users already have, making this research particularly relevant.

III. OBJECTIVES

In this proposed model we are going to implement following things:

- To enable users to input available ingredients easily and receive relevant recipe suggestions.
- To provide clear, step-by-step cooking instructions for each recommended recipe.
- To integrate YouTube video links for visual guidance, enhancing the cooking experience.
- To promote the use of existing ingredients, reducing food waste and encouraging sustainable cooking.
- To create a user-friendly interface that caters to home cooks of all skill levels.

IV. PROPOSED SYSTEM

The proposed system for aims to create an intuitive recipe recommendation platform that allows users to discover recipes based on the ingredients they have at home. Users can easily input their available ingredients through a simple and interactive interface, either by typing them in or selecting from a predefined list. The system features a comprehensive recipe database that includes a wide variety of recipes categorized by primary ingredients, cuisine types, and dietary restrictions. Using an advanced recommendation algorithm, the system analyzes the user-inputted ingredients and matches them with suitable recipes, prioritizing those that maximize the use of available ingredients while considering dietary preferences. Each recommended recipe includes clear, step-by-step cooking instructions to guide users through the cooking process, along with links to relevant YouTube videos for visual support. Additionally, users can rate recipes ISSN: 2582-7219 | www.ijmrset.com | Impact Factor: 7.521 | ESTD Year: 2018 |



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and provide feedback, allowing the system to learn from preferences and enhance future recommendations. Nutritional information will be provided for each recipe, helping users make informed choices. The platform will be designed to be mobile-friendly, enabling easy access while cooking. Social sharing features will encourage users to share their favorite recipes and experiences, fostering a community of home cooks. Overall, this proposed system empowers users to make the most of their ingredients, reduces food waste, and inspires creativity in the kitchen, transforming the cooking experience.

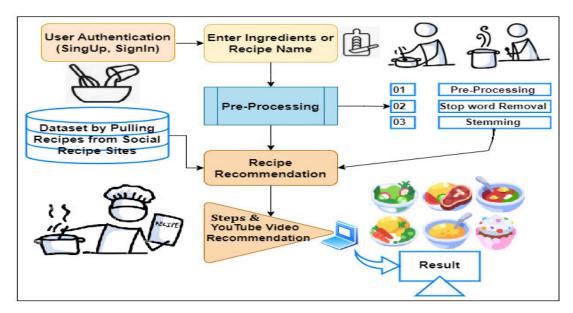


Fig.1: Proposed System Architecture

V. ADVANTAGES

- 1. Minimized Food Waste
- 2. Convenient Meal Planning
- 3. Personalized Recommendations
- 4. Enhanced Cooking Experience
- 5. Increased Culinary Creativity
- 6. Wide Recipe Database
- 7. Support for Healthy Eating

VI. APPLICATION

- 1. Home Cooking Assistance
- 2. Food Waste Reduction
- 3. Meal Planning Tools
- 4. Culinary Education
- 5. Dietary Management
- 6. Community Cooking Events
- 7. Restaurant and Catering Applications
- 8. Food Blogs and Influencer Integration
- 9. Grocery Shopping Optimization
- 10. Cooking Challenges and Competitions

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