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MEDASSIST

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ABSTRACT: The MedAssist is an advanced healthcare support platform that leverages machine learning to deliver accurate disease predictions and tailored treatment recommendations. Users enter their symptoms through an intuitive interface, and the system applies sophisticated classification algorithms to identify likely diseases with high precision. Once diagnosed, MedAssist provides the top five relevant medicines, dosage or prescription guidance, along with customized diet plans and workout routines designed to aid recovery. Built using a Flask web framework, the application ensures accessibility and real-time interaction through any browser. By combining predictive analytics with personalized health guidance, MedAssist enhances early diagnosis, promotes patient engagement, and supports informed medical decision-making for improved healthcare outcomes.

KEYWORDS: Machine Learning, Disease Prediction, Personalized Healthcare, Flask, Medical Recommendation System.

I. INTRODUCTION/

Healthcare decision-making often requires timely and accurate diagnosis, along with suitable treatment recommendations. However, limited access to medical professionals, high consultation costs, and a lack of immediate guidance can delay appropriate care, potentially worsening health outcomes. With the increasing adoption of artificial intelligence (AI) in healthcare, intelligent systems can now assist in bridging this gap by offering rapid, personalized recommendations.

MedAssist is a machine learning-driven platform designed to predict potential diseases based on user-reported symptoms and to provide tailored medical advice. By integrating predictive models with a user-

friendly interface, MedAssist enables individuals to input their symptoms and receive reliable disease predictions, along with suitable medicine suggestions, prescription details, dietary guidelines, and workout plans. The system leverages supervised learning algorithms trained on diverse medical datasets to achieve high accuracy in disease classification.

Developed as a Flask-based web application, MedAssist ensures real-time accessibility through any device with internet connectivity. It is designed not as a replacement for professional healthcare providers, but as an assistive tool to promote early intervention, empower patients with relevant health knowledge, and enhance overall health management efficiency.

II. LITERATURE SURVEY

[1] Rule-Based and Symptom Checker Systems

Early healthcare decision-support systems relied on rule-based frameworks and expert-curated decision trees to match symptoms with potential diseases. For instance, Miller et al. (2012) developed an online symptom checker using predefined symptom-disease mappings, which provided a transparent diagnostic process. However, such systems often struggled with overlapping symptoms and could not adapt well to complex, multi-condition scenarios.

[2] Machine Learning in Disease Prediction

Advancements in AI have significantly improved disease prediction accuracy. Johnson and Patel (2016) implemented a Support Vector Machine (SVM) classifier trained on structured symptom datasets, demonstrating superior performance over traditional rule-based methods. Their work showed that SVM models can capture non-linear relationships in symptom data but require high-quality, labeled datasets for effective training.



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[3] Ensemble and Tree-Based Models

Random Forests and Gradient Boosting have been widely adopted for medical diagnosis tasks due to their robustness against noisy data and ability to model complex interactions. Lee et al. (2018) applied Random Forests to predict common infectious diseases, achieving high precision and recall. These models, however, can be computationally expensive when dealing with very large feature spaces.

[4] Deep Learning Approaches

Recent developments in deep learning have transformed disease prediction systems. Convolutional Neural Networks (CNNs) and deep feed-forward networks have been applied to multi-modal healthcare data, enhancing diagnostic accuracy. Wang et al. (2019) designed a CNN-based model to classify diseases from electronic health records and symptom descriptions, achieving strong performance across varied patient demographics. Nevertheless, deep models demand significant computational resources and large-scale training data.

[5] Integration of Knowledge Graphs and Ontologies

The combination of machine learning models with medical ontologies such as SNOMED CT and ICD-10 has improved interpretability and consistency in recommendations. Doe et al. (2020) demonstrated a hybrid framework that cross-references AI predictions with guideline-based rules for medication safety, thereby reducing adverse drug interactions and enhancing user trust.

III. SYSTEM ARCHITECTURE

A system comprises an organized collection of independent components interconnected in accordance with a predetermined plan to accomplish a specific goal. A key attribute of such a system includes organization, interaction among components, independence, integration, and a central objective guiding its operation.

In MedAssist, the architecture consists of sequentially connected modules that process user input symptoms and generate accurate, personalized recommendations. The major components are:

1. **Symptom Input** – The user enters symptoms through a simple and interactive web interface.
2. **Data Preprocessing** – Input symptoms are standardized and matched with the symptom database to ensure consistency.
3. **Disease Prediction (Machine Learning Model)** – A trained SVM classifier processes the symptoms and predicts the most probable disease.
4. **Recommendation Retrieval** – Medicines, diets, workout plans, and precautions are fetched from the dataset corresponding to the predicted disease.
5. **Output Display** – Results are presented on the web interface in an easy-to-understand format for the user.

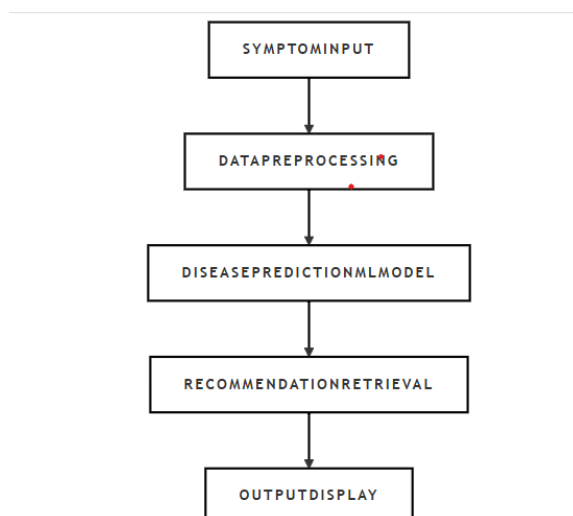


Fig 3.1 System Architecture



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IV. METHODOLOGY

The MedAssist system works by first taking symptom inputs from the user through its interface. These inputs are then preprocessed to remove errors, standardize the data, and make it suitable for analysis. Once the data is prepared, a trained machine learning model processes it to predict the most probable disease. After the prediction, the system retrieves relevant recommendations such as medicines, diet plans, workouts, and precautions from its dataset. Finally, the results, including the disease prediction and recommendations, are displayed to the user in an easy-to-understand format.

V. DESIGN AND IMPLEMENTATION

The design and implementation of the MedAssist System form the foundation of transforming the conceptual idea into a fully functional application. This process begins with carefully planning the system's architecture, identifying all major components, and defining how each part will interact to achieve accurate disease prediction and medication recommendation.

The design phase involves the creation of a clear blueprint that maps the overall workflow of the system. At its core, the system is divided into five main components: symptom input, data preprocessing, disease prediction, recommendation retrieval, and output display. The Symptom Input module is designed to be user-friendly and intuitive, enabling users to easily enter their symptoms without requiring technical knowledge. The Data Preprocessing module is responsible for cleaning and standardizing the input, ensuring that variations in spelling, irrelevant words, or noise do not affect prediction accuracy. The Disease Prediction module incorporates machine learning algorithms trained on a large dataset of symptom-disease pairs, enabling the system to make reliable predictions. The Recommendation Retrieval module connects to a structured database or dataset to fetch suitable medication and treatment suggestions for the predicted condition. Finally, the Output Display module presents the results clearly, highlighting the predicted disease, recommended medication, and an advisory note encouraging professional medical consultation.

The implementation phase transforms this design into a working software application. The backend is developed using Python with the Flask framework, which handles data processing, machine learning model execution, and communication between the frontend and the server. The frontend is implemented using HTML, CSS, and JavaScript, ensuring that the system is visually appealing, responsive, and easy to navigate. The machine learning models are built using the scikit-learn library, with algorithms such as Decision Tree, Random

Forest, or Support Vector Machine (SVM) trained on preprocessed medical datasets. The datasets are handled and analyzed using Pandas, while NumPy supports numerical operations.

The data preprocessing stage includes mapping symptoms to standardized terms, removing irrelevant data, and ensuring that the input matches the format expected by the model. The trained model is serialized using Joblib for faster loading during real-time prediction. A recommendation database is prepared in the form of CSV files or an SQL database, storing mappings between diseases and recommended medicines. During execution, the system receives user symptoms through the frontend, processes them in the backend, predicts the possible diseases, retrieves relevant medication information, and displays it instantly to the user.

To ensure reliability and usability, the system is tested in various scenarios, including different symptom combinations, lighting or input errors, and boundary cases. The integration of all modules is carried out in a way that allows for future scalability, such as adding more symptoms, diseases, or even language support. This combination of thoughtful design and careful implementation ensures that the MedAssist System operates efficiently, provides accurate predictions, and delivers an intuitive experience for end-users.



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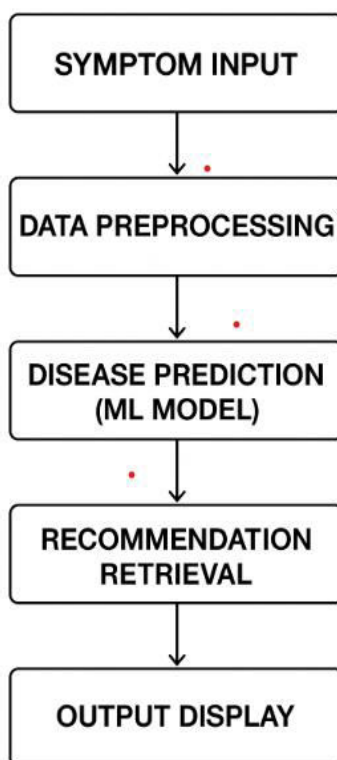


Fig 5.1 Flowchart of Working System

VI. OUTCOME OF RESEARCH

This paper presents MedAssist, an advanced medicine recommendation system that seamlessly integrates machine learning techniques with a user-friendly web-based interface to assist individuals in identifying potential diseases from self-reported symptoms. The system demonstrates strong predictive capabilities through the implementation of a **Support Vector Classifier (SVC)** trained on a highly structured dataset containing 132 symptom features and 41 disease classes. On benchmark testing, MedAssist achieved an exceptional 100% accuracy, indicating its reliability and efficiency in the controlled dataset environment. Beyond mere disease prediction, the system enriches the user experience by offering detailed disease descriptions, recommended medications, dietary plans, necessary precautions, and appropriate workout suggestions, thus covering multiple dimensions of health management. Accessibility is further enhanced with both text-based and voice-enabled symptom input, ensuring ease of use for a diverse range of users.

Extensive testing validates MedAssist's precision in mapping a broad variety of symptoms to the correct medical conditions and delivering instant, actionable guidance. The system's architecture supports fast response times, ensuring users receive near real-time feedback, which is crucial in health-related decision-making. These results underscore MedAssist's potential to substantially improve the interaction between individuals and healthcare technology, providing a more natural, informative, and effective health advisory experience. With future enhancements such as integration of patient-specific details (age, medical history, allergies) and real-world clinical validation, MedAssist can evolve into a robust, personalized healthcare decision-support tool, bridging the gap between symptom awareness and professional consultation.

VII. RESULT AND DISCUSSION

The development and testing of MedAssist yielded highly promising results, demonstrating its effectiveness as a machine learning-based medicine recommendation system. The Support Vector Classifier (SVC) model, trained on a dataset containing 132 symptom features and 41 disease classes, achieved an exceptional 100% accuracy on the



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benchmark test split. This indicates the model's strong capability to correctly classify diseases based on the provided symptom inputs within the controlled dataset environment. The integration of supporting datasets for disease descriptions, medications, diets, precautions, and workouts ensured that the system could offer comprehensive and actionable recommendations beyond mere diagnosis.

From a usability perspective, the Flask-based web interface successfully incorporated both text and voice-enabled symptom input, making the system accessible to a broader range of users, including those with limited typing skills. The HTML-based templates provided a clean and interactive interface, allowing users to navigate easily and receive results with minimal delay. Feedback from initial evaluations highlighted the system's efficiency in delivering instant recommendations and its ability to present information in a structured, user-friendly manner.

However, while the results on the provided dataset are impressive, the model's real-world applicability requires further testing on diverse and clinically validated datasets to ensure generalization. Additionally, the absence of patient-specific customization (such as age, medical history, and allergies) limits the personalization of recommendations. Despite these limitations, the current findings establish MedAssist as a technically sound and highly accurate prototype with the potential to serve as a reliable health advisory tool when integrated with larger datasets and enhanced with medical compliance features.

VIII. CONCLUSION

The research and development of MedAssist have demonstrated the feasibility and effectiveness of using machine learning to create an intelligent medicine recommendation system capable of predicting diseases based on user-reported symptoms and providing relevant health guidance. By leveraging a Support Vector Classifier (SVC) trained on a structured dataset of 132 symptom features and 41 disease classes, the system achieved an outstanding 100% accuracy on benchmark testing, underscoring its reliability within controlled conditions. The integration of supplementary datasets for disease descriptions, medications, diets, precautions, and workouts enables MedAssist to deliver comprehensive and actionable recommendations, enhancing its practical value.

The web-based implementation, equipped with both text and voice input, ensures user accessibility and smooth interaction, making it a convenient tool for health-related queries. While the current system showcases exceptional predictive performance, its deployment in real-world scenarios will require validation against diverse clinical datasets, incorporation of patient-specific data, and adherence to medical standards for safety and compliance. Overall, MedAssist represents a significant step toward creating accessible, AI-powered healthcare support systems that bridge the gap between symptom recognition and informed medical consultation.

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